



# Absafe Community Safety Bulletin

This Issue August 11<sup>th</sup> 2016

## Absafe Bulletin



### Summer Driving Safety.

Road trips are a staple part of summer in the UK. Whether you are out sightseeing or travelling to business meetings, summer driving conditions need to be taken into consideration. When you think of dangerous driving conditions your first thought may be snow, rain or ice; but here are some top tips for keeping safe in summer that you may not have thought.

### Sun glare and visibility

Sun glare can reduce your visibility significantly. Clear skies especially at dusk and dawn can contribute to lack of visibility which will increase the risk of accidents. It plays a part in nearly 3,000 accidents every year with drivers at risk of being temporarily 'blinded' by the dazzle of the sun on the windscreen.

- Keep your windscreen clean - including the inside.
- If blinded, slow down. It is tempting to carry on regardless and let the glare pass, but by then it may be too late.
- If driving at sunset, anticipate the effects of glare on you and other drivers. Drivers heading west or through terrain where the sun may appear suddenly need to expect to travel more slowly than usual.

### Allergies and hay fever

Sneezing whilst travelling at 70 mph can lead you to lose your vision for as much as 100 metres. With the pollen count at its highest it is important to make sure you are protected from allergies as much as possible. More than one in four drivers - 27 per cent, suffer from hay fever, with the most severely affected sneezing at least once a minute. A study by Halfords also revealed that 10 per cent of drivers suffering from hay fever, which could equate to more than a million motorists, said they have been affected so badly that they have had to stop the car until the sneezing subsided. And, almost a third of drivers who suffer from hay fever admitted they had taken their eyes off the road while searching for tissues.

PC Steve Rounds, from the Central Motorway Police Group said: 'Hay fever is an unfortunate condition that can cause violent sneezing and mean the sufferer closes their eyes temporarily. Watering eyes can also affect a driver's vision.'

'While I have every sympathy with sufferers, commencing a journey in such a state would certainly be irresponsible and could be held as an aggravating factor in any accident that led to a death or serious injury, turning a careless act into a dangerous one and exposing the driver to a charge of causing death by dangerous driving.'

Something else to consider with hay fever is the medication taken to combat it. There's the obvious effect of drowsiness and this will be highlighted on the packaging with specific warnings.'

Top tips to stay safe:

- Close windows and vents to reduce the pollen in your car.
- Clean and vacuum the mats in your car regularly to reduce allergens.
- Keep tissues handy.
- Ensure your medication does not cause you drowsiness.



### What's on at Absafe

The new school term is upon us and we are looking forward to welcoming the visiting schools. In order to provide our fun and engaging services we require volunteers. If you feel that you can spare some time to save lives please contact us on [volunteers@absafe.org.uk](mailto:volunteers@absafe.org.uk).



### New Staff

We would like to give a warm welcome to our new staff member Laura McIntyre. Laura is our new Marketing and Corporate Relations Manager and comes to us from Petrofac. We are all excited to have her with us and looking forward to having another member of the Absafe team. If you wish to discuss any matters or set up introductory meetings with Laura you can contact her at [laura@absafe.org.uk](mailto:laura@absafe.org.uk)

**Upcoming events**

Absafe have a team of thrill seekers who are jumping out of a plane at 10,000 ft on Sunday

18<sup>th</sup> September all to raise funds to save lives through safety education. If you want to join in, cheer us on or sponsor us please get in touch to chat at [Victoria@absafe.org.uk](mailto:Victoria@absafe.org.uk)

**Sky Dive**

Strathallan Air Field  
Sunday 18<sup>th</sup> September 2016

**absafe**  
Don't learn safety by accident

Raising funds for Absafe

If you would like more information on joining this event as a team or an individual please contact [Victoria@absafe.org.uk](mailto:Victoria@absafe.org.uk)

To sponsor us you can follow the link below

<https://mydonate.bt.com/events/absafeskydive/306991>

**Noteworthy Incidents:**

Police Scotland has provided the following list of incidents which have occurred in your area this week as a snapshot of the current crime trends. All incidents are not recorded below, either for legal reasons or where there are issues of sensitivity. The statistics below should not be seen as an accurate reflection of all crime in your area but as a way of raising your awareness to crime in general. This in turn should allow you to take the appropriate safety/security steps to prevent yourself from being a victim of crime.

<b>NORTH</b>			
<b>TIME PERIOD</b>	<b>LOCATION</b>	<b>CRIME TYPE</b>	<b>INFORMATION</b>
<b>BUCKSBURN</b>			

29/07/16	29/07/16	Hopecroft Walk	In building with intent to steal	Entered secured building via garden property with intention of theft
31/07/16	31/07/16	Brimmond View	Theft of vehicle & contents including taking and driving away	Stole motor vehicle
<b>BRIDGE OF DON</b>				
<b>NORTHFIELD</b>				
01/08/16	01/08/16	Brebner Crescent	Theft of vehicle & contents including taking and driving away	Stole motor vehicle using true key
29/07/16	29/07/16	Birkhall Parade	In building with intent to steal	Was in the curtlage of domestic property for the purposes of theft
<b>MASTRICK</b>				
29/07/16	29/07/16	Stockethill Crescent	OLP with intent to steal from a motor vehicle	Forced open window to vehicle with intent to steal from within
<b>TILLYDRONE</b>				
29/07/16	29/07/16	Clifton lane	Att Hbwi to enter and steal from domestic property - non dwelling	Attempted to break in to garage by breaking padlock
03/08/16	03/08/16	Don Street, Old Aberdeen	Theft, from a motor vehicle not elsewhere classified	Removed goods from unsecure vehicle
<b>KITTYBREWSTER</b>				
<b>SEATON</b>				
30/07/16	30/07/16	West North street	Theft of vehicle & contents including taking and driving away	Stole vehicle
<b>SOUTH</b>				
<b>CITY CENTRE</b>				
<b>NIGG</b>				
<b>TORRY</b>				

<b>HAZLEHEAD</b>				
01/08/16	01/08/16	Brodinch Place	Attempted theft of motor vehicle	Attempt to steal motor vehicle using true key
<b>ROSEMOUNT</b>				
<b>WEST END</b>				
29/07/16	30/07/16	Brunswick Place	Attempted theft of motor vehicle	Forced lock in offside door, gained entry in an attempt to steal vehicle
31/07/16	31/07/16	Crown Street	Theft by HB (domestic property)	Forced entry via door, entered and stole from within
29/07/16	31/07/16	North Deeside Road	Theft by HB (domestic property)	Entered through secured window by unknown means and stole from within
02/08/16	03/08/16	2 Fonthill Terrace	Theft, from a motor vehicle not elsewhere classified	Entered unsecure motor vehicle and stole cash from within

Key: HB - House Breaking

OLP - Open Lockfast Place

HBWI - House Breaking with Intent

OLPWI - Open Lockfast Place with Intent

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