



# Absafe Community Safety Bulletin

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## Absafe Bulletin



**POLICE SCOTLAND**  
Keeping people safe

### 'ASK FOR ANGELA' CAMPAIGN LAUNCHED

A code-word campaign aimed at helping people who feel unsafe on dates has launched in Aberdeen.

From this weekend, people visiting venues included in the scheme will be encouraged to 'Ask for Angela' at the bar if they feel uneasy during a date.

The code-word aims to notify bar staff to situations where people may feel uncomfortable or unsafe.

Once alerted bar staff will then call a taxi or help the person leave discreetly. A total of 25 pubs and clubs in Aberdeen are taking part in the scheme.

The posters, which are a play on the word (guardian) Angel, are displayed in both male and female toilets.

The campaign is the brainchild of Lincolnshire County Council and has since been adopted by other councils across the UK.



### SNAPCHAT SPARKS SAFETY SETTINGS CRACKDOWN

Photosharing app Snapchat has been caught up in a new bullying craze, where teenagers are using the app to come up with the worst insults about their chosen victim.

With young people living their lives through the social media app, it can be difficult to monitor young people's Snapchat usage. Take a look at the following advice, should your loved one come into some trouble.

## WARN THEM ABOUT THE DANGERS OF POSTING INAPPROPRIATE SNAPS

Kids may think that, as the snaps they send disappear after a few seconds, they can never be retrieved.

However, they can and pictures of bullying, illegal activities and nudity can easily spread.

You should also remind them of the dangers of posting personal information such as addresses or bank details on Snapchat.

## LET YOUR KIDS KNOW THAT PICTURES ON SNAPCHAT CAN BE SAVED

Despite snaps appearing to disappear, people can easily take a screenshot first meaning images can be saved.

Experts suggest telling your kids that if they want to send a snap, it should be of something they don't mind the whole world seeing.

## TELL THEM TO BLOCK STRANGERS WHO SEND THEM UNSUITABLE PICTURES OR ABUSE

Once your teenage son or daughter downloads Snapchat, they are open to receiving a range of unsuitable images.

However, you can change the app settings to make sure they are only receiving pictures from friends they actually know.

All you need to do is tap the ghost icon at the top of the screen and go to the gear cog.

Scroll down to the 'Who Can' section, and chose the option 'My Friends' under the contact me part.

If your child feels they are being bullied or harassed, they can block a contact using the same process.

## USE A STRONG PASSWORD THAT CAN'T BE GUESSED

If your teenager shares their log in details, it can be easy for their account to be compromised.

Make sure that when they set up their Snapchat account they use a strong password nobody would be able to guess, so nobody can hack into their account.

## TELL THEM TO REPORT ABUSE AND DELETE THEIR ACCOUNT

Snapchat has a facility on their website where users can report if they are receiving abuse or inappropriate pictures.

But it may be easier just to delete your child's account all together, which is simple so long as you have their username and password. If you don't have their login details you can visit the Snapchat website where you can submit a deletion form.



## ABSAFE INTRODUCES...

Every week, the Absafe bulletin will host guest articles from our friends in the business community. This week, Bob MacGregor, Principal Designer and Tech IOSH at Chartered Architects Cooper & MacGregor LLP, tells us how the construction industry is facing new health and safety challenges...

**In April 2015, the Health and Safety Executive (HSE) published a significant overhaul of the Construction (Design and Management) Regulations, often referred to as CDM 2015.**

**One of the most significant changes to the Regulations was to extend them to all domestic projects. Now, almost two years on, the HSE have created a draft 'Sector Plan' for construction with a view to tackling some concerning health and safety statistics in the industry.**

**According to the HSE's statistics; "construction remains one of the most hazardous industries, accounting for about a quarter of all GB fatal injuries to workers." The industry also has a "significantly higher rate of occupational lung disease and musculoskeletal disorders than the average for all industries."**

In reaction to statistics indicating that the majority of fatal accidents in construction involve small businesses, often carrying out refurbishment works, the HSE have listed “supporting small businesses to achieve improved risk management and control” as a top priority in the Sector Plan.

All construction projects, whether it be fitting a new kitchen or building a factory, should have a construction phase plan drafted by the contractor before any work begins on site. Creating the plan involves the contractor taking into consideration how the work will be carried out and what could cause harm during these works. For domestic and small commercial projects the ‘CDM Wizard App’ is an ideal aid to creating this plan (<http://www.citb.co.uk/health-safety-and-other-topics/health-safety/construction-design-and-management-regulations/cdm-wizard-app/>).

Hazard perception, communication, knowledge and experience are at the heart of the Sector Plan and CDM 2015. The greater focus on domestic projects and small to medium sized businesses in the construction industry will hopefully lead to improvements in both work related ill health and safety in the industry.



**Noteworthy Property Incidents (Homes, Gardens & Vehicles):**

Police Scotland has provided the following list of incidents which have occurred in your area this week as a snapshot of the current crime trends. All incidents are not recorded below, either for legal reasons or where there are issues of sensitivity. The statistics below should not be seen as an accurate reflection of all crime in your area but as a way of raising your awareness to crime in general. This in turn should allow you to take the appropriate safety/security steps to prevent yourself from being a victim of crime.

<b>NORTH</b>				
<b>TIME PERIOD</b>		<b>LOCATION</b>	<b>CRIME TYPE</b>	<b>INFORMATION</b>
<b>BUCKSBURN</b>				
<b>BRIDGE OF DON</b>				
27/02/17	28/02/17	Mount Pleasant	Theft	Steal property from roof rack of vehicle
<b>NORTHFIELD</b>				
<b>MASTRICK</b>				
<b>TILLYDRONE</b>				
28/02/17	28/02/17	Gort Road	Theft by HB	Force entry to dwelling and steal from within
<b>KITTYBREWSTER</b>				
28/02/17	02/03/17	Orchard Road	Att HBWI	Force entry to shed with intent to steal
<b>SEATON</b>				
<b>SOUTH</b>				
<b>CITY CENTRE</b>				
<b>NIGG</b>				
27/02/17	27/02/17	Gardner Drive	Theft by HB	Force entry to cellar and steal from within
27/02/17	27/02/17	Gardner Road	HBWI	Force entry to shed with intent to steal
<b>TORRY</b>				
22/02/17	24/02/17	Grampian Road	HBWI	Attempt to force entry to shed with intent to steal
<b>HAZLEHEAD</b>				
<b>ROSEMOUNT</b>				
<b>WEST END</b>				
24/02/17	24/02/17	Thorngrove Avenue	HBWI	Gain entry to dwelling with intent to steal

24/02/17	24/02/17	Forest Avenue	In building with intent to steal	Enter <b>unsecure</b> garage with intent to steal
25/02/17	25/02/17	Ashvale Place	In building with intent to steal	Enter communal lobby and search through mail with intent to steal
28/02/17	28/02/17	Claremont Street	HBWI	Force entry to bike store and steal from within

**Key:** HB - House Breaking

OLP - Open Lockfast Place

OLPWI - Open Lockfast Place with Intent

HBWI - House Breaking with Intent

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